Student Success Workshops Series
Need a little help now and then?
Winter Quarter 2006
Check out these workshops that could give you just the help that you need.

**Financial Aid:** Maximize your financial aid and minimize your pain
**Presenter:** Buzz Gorman
**Dates/Times:**
- December 28 @ 2:00 pm Student center rms B&C
- January 6 @ 3:00 pm in Student center rms B&C, January 10 @ 2:00 pm in Student Center rms B&C
- January 18 @ 1:30 pm in ADC 143
- January 26 @ 2:00 pm in ADC 143
- February 16 @ 2:00 pm in Student center rms B&C

**Textbook reading:** How to make sense out of those texts you bought.
**Presenter:** Kathy Demarest
**Dates/Times:**
- January 31 @ 2:45 pm in ADC 143
- February 2 @ 10:10-11:00 am in AAR 106

**Time management:** How can I get all of those things done that need to get done? Can I have a life and go to school?
**Presenter:** Kathy Demarest
**Dates/Times:**
- January 12 @ 10:10-11:00 am in AAR 106
- January 12 @ 2:45 pm in ADC 143

**Empowering Yourself:** Who’s in control of your life and decisions?
**Presenter:** Mary Stone
**Date/Time:**
- March 7 @ 3:30 in ADC 143

**Note taking:** What, How, and Why of Powerful Notes
**Presenters:** George Dennis/Kathy Demarest
**Dates/Times:**
- January 19 @ 2:45 in ADC 143 (George Dennis)
- January 19 @ 10:10-11:00 am in AAR 106 (Kathy Demarest)

**Stress Management:** I can do this!!
**Presenter:** Butch Henderson
**Date/Time:**
- February 27 @ noon in AAR 106

**Math Anxiety:** Terrified of math? Come learn how to control your anxiety.
**Presenter:** Mary Stone
**Date/Time:**
- January 24 @ 2:45 in AAR 104 @ 2:45 pm

**Getting It All Together:** Organizing your self and your time.
**Presenter:** Kathy Demarest
**Date/Time:**
- March 2 @ 2:45 in Main 119

**Family Financing:** How about some tips for budgeting finances for yourself and the family?
**Presenter:** Jason Hoseney
**Date/Time:**
- February 23 @ 3:00 in VOC 116

**Test Preparation:** Bring them on—How to get good scores on the midterms, finals, and quizzes
**Presenters:** George Dennis/Kathy Demarest
**Dates/Times:**
- January 26 @ 2:45 in AAR 104 (George Dennis)
- January 26 @ 10:10-11:00 am in AAR 106 (Kathy Demarest)

**HDEV 100 Assignments**, Career & Employment Services Center, Your Strategic Future and/or WOIS
**Date/Time:** Daily @ 8-5 pm, Tuesdays until 6 pm
**Presenter:** Counseling Office Staff