Student Success Workshops Series
Need a little help now and then?
Fall Quarter 2005

Check out these workshops that could give you just the help that you need.

Financial Aid: Maximize your financial aid and minimize your pain
- Thur, Sept 15 @ 1:00 pm ADC room 143
- Fri, Sept 16 @ 2:00 pm in ADC room 143,
- Thur, Sept 29 @ 3:00 pm in Student Center rms B&C
- Wed, Oct 5 @ 2:00 pm in Student Center rms B&C
- Thur, Nov 17 @ 1:00 pm in Student Center rms B&C

Textbook reading: How to make sense out of those texts you bought.
Presenter: Kathy Demarest
Dates/Times:
- Mon, Oct 17 @ 2:30 -3:20 pm in Main 205
- Tues, Oct 18 @ 11:00-11:50 am in Main 127
- Wed, Oct 19 @ 8:00- 8:50 am in Main 234

Math Anxiety: Terrified of math? Come learn how to control your anxiety.
Presenter: Mary Stone
Dates/Times:
- Mon, Oct 31 @ 2:30 -3:20 pm in Main 205
- Tues, Nov 1 @ 11:00-11:50 am in Main 127
- Wed, Nov 2 @ 8:00- 8:50 am in Main 234

Come to any of these following workshops FREE! No need to sign up—just show up!

Stress Management: I can do this!!
Date/Time: Tues, Nov 8 @ noon in ADC 143
Presenter: Butch Henderson

Family Financing: How about some tips for budgeting finances for yourself and the family?
Date/Time: Wed, Nov 9 @ 2:45 in Main 119
Presenter: Jason Hoseney

Empowering Yourself: Who’s in control of your life and decisions?
Date/Time: Thur, Nov 17 @ 3:30 in ADC 143
Presenter: Mary Stone

Getting It All Together: Organizing your self and your time.
Date/Time: Wed, Nov 30 @ 2:45 in Main 119
Presenter: Kathy Demarest

HDEV 100 Assignments, Career & Employment Services Center
Date/Time: Daily @ 8-5pm, Tuesdays until 6pm
Presenter: Counseling Office Staff